Wahib Alfarah

alfarahw26@bishopkennyhs.org

Conflicts and Resolutions

Conflicts will always emerge as humanity progresses. However, as humans, we must resolve our issues to coexist peacefully. Without peace, we cannot learn to love each other. Once, I was hanging out with my friend. As we were talking, we got into a serious debate about a topic we were both passionate about. As we went back and forth about our beliefs, we both grasped the idea that we weren't going to stop until the other person admitted they were wrong. Once I realized I couldn't convince him to believe in my opinion instead of his, I gave up on the conversation.

Looking back at that moment, I realized that we should have found some common ground instead of arguing. That one argument opened my eyes to the conflicts of the world. Each person has their own beliefs and they try to force them on other people. Rather than trying to take over everyone else's minds, we should try to understand them and find similarities between their thought processes and ours. With stubbornness and closed minds, everyone will be separated and divided. However, when we truly understand each other, we can connect and use our beliefs to unite instead of splitting up.

Robert Evans William Jr., an author and speaker, wrote an article about stubbornness. He starts his article by saying stubbornness is "no such thing." He explains himself by saying that he wouldn't consider himself stubborn, but he would call himself assertive. He is "satisfied in his position." To truly convince someone of your beliefs, you must use empathy to appeal to their

needs or what they believe in. If they believe in something completely opposite to what you're trying to convince them to do, the chances of them changing their ways will lessen. However, when you put yourself in their shoes and try to understand where they're coming from, you can make arguments that are not only effective, but also touching. Trying to convince someone isn't aiming for the mind, but the heart.

When we find someone whose beliefs are misunderstood and rejected by everyone else, they often feel lonely or abandoned. If we connect with that person and figure out why they believe those things that they do, we can create a solution that gives them a sense of belonging. Most of the people that are "stubborn" usually have beliefs that are contrary to everyone elses. Empathy is a crucial tool to use when trying to convince someone of something.

Peace is something that can only be achieved when everyone unites under a specific ideology. To achieve peace, we must understand each other and all of our beliefs. Once we affiliate ourselves under one idea, such as the need for progress, we can connect and also work to achieve the same goal. We accomplish greater things when we work together rather than working apart.

Finally, if we create stronger relations with other people, it will definitely make it easier to work with them. It's safe to say that everyone prefers to work with someone that they like and understands their ideals. If we work on connecting with other people, we can expand our social circle and our general understanding of society. We must push past our differences and instead find similarities to connect with. Working with other people not only makes your life easier, but it also makes the process of progress much more efficient.

In conclusion, peace is a difficult goal to reach but not impossible. If we work hard to unite instead of divide we can grow stronger in many ways. We must remember that everyone is created equally, and nobody is superior nor inferior. As U.S President John F. Kennedy once famously said, "Our most basic common link is that we all inhabit this planet. We all breathe the same air. We all cherish our children's future. And we are all mortal." We can truly take this moral to heart as we move towards peace and unity.